

**Staff**

- Jessica Menard**  
Resident Manager
- Brittany Jones**  
Rental Consultant
- Destiny Hensley**  
Rental Consultant
- Warren Emswiler**  
Maintenance Supervisor
- Scott Schmidt**  
Assistant Maintenance Supervisor
- Frank Tyson**  
Maintenance Technician
- Travis Swartz**  
Groundskeeper
- Patty Cepeda**  
Housekeeping

**Office Hours**

- Monday-Friday**  
9am-5pm
- Saturday**  
9am-1pm

# manor house APARTMENTS

1415 Spencer Avenue • Lancaster, PA 17603  
717.393.0465 • FAX 717.393.9610



## Local Charity Event

Manor House will be hosting our 3rd Annual Spaghetti Dinner with all proceeds going to Holiday for Hope. As the holiday season fast approaches, we ask that you help us in providing families in need with a brighter holiday this year. The dinner will be **Monday, September 24** starting at 4:00 p.m. This will be a take-out only dinner. Everything will be packed and ready to go in take-out containers. We will also be providing delivery service to your home in which tips for donations will be greatly appreciated. It is \$5 for salad, spaghetti, roll and dessert. Please call the office by Friday, September 21 and let us know if you will be attending. For more information on Holiday Hope, visit <http://www.holidayhopelancasterpa.com>.

## Last Call for the Swimming Pool!

School is back in session, and the pool will be closing soon. Come and enjoy the last few days in the pool! The final day of operation this season will be on **Monday, September 3**.

## Renter's Insurance

You can now purchase renters insurance through your tenant portal. Click the "Purchase Renter's Insurance" tab to get started today! If you aren't signed up for the tenant portal please contact the rental office and we can take care of that for you.

## Summer Pests

If you think you have any pests and would like Orkin to come over, please call the rental office to put your name on the list. Orkin comes every Wednesday.

## Refer and Earn!

Pick your neighbors by referring your friends to our community! It has many rewards! You can receive a \$100 Visa gift card after they move in. Plus, you get the best neighbors possible! Please feel free to call us at the leasing office with any questions regarding the Resident Referral Program.

## Wednesday Activities

We invite any and all of our residents to join us for our bus trips on Wednesdays. If you haven't participated before, we encourage you to check out our schedule. Any resident is allowed to ride the bus and participate in any resident event. Just call into the office and reserve your seat before they are all taken, plus the ride is free! Check out the calendar below for all Wednesday activities.

## Maintenance Corner

**MAINTENANCE EMERGENCIES** – If you call to report a maintenance emergency after business hours, please remember to speak clearly, leaving your name, unit number, phone number and nature of the emergency. This will help the technician respond more quickly and more efficiently. Remember, not all maintenance requests require immediate attention. Toilet problems in a one-bathroom home, no water, no heat when the temperature is below 55 degrees or no air conditioning when temperatures are higher than 85 degrees are just a few repairs that are considered an emergency. For a complete list of repairs that constitute an emergency after hours, please contact the office.

**BE GENTLE TO YOUR DRAINS** – Please do not flush anything besides toilet paper down the toilet, and only small food particles should be put down the garbage disposal. Any damages could result in an invoice to the resident.

**TO HEAT OR NOT TO HEAT** – We are entering the season of "to heat or not to heat." Days are warm but nights can get chilly. Just remember that switching your heat on and off is quite costly. Try to wear warmer clothes or cover up with a blanket instead of adjusting the thermostat when it gets cool. Before you know it, temperatures will level off and you can turn the heat on and leave it on. As always, call us immediately if there is a problem and we will service it as quickly as possible.

| Sunday | Monday   | Tuesday     | Wednesday   | Thursday | Friday | Saturday |
|--------|--|-------------|---|----------|--------|----------|
|        |  |             |   |          |        | 1        |
| 2      | Labor Day<br>OFFICE CLOSED<br>Last Day Pool Open | 3           | Grocery Store 9am<br>Oregon Dairy 11am              | 4        | 5      | 6        |
| 7      | 8  |             |   |          |        |          |
| 9      | 10   | Patriot Day | Grocery Store 9am<br>Park City 11am                 | 11       | 12     | 13       |
| 14     | 15   |             |   |          |        |          |
| 16     | 17   | 18          | Grocery Store, 9am<br>Hershey Farms Restaurant 11am | 19       | 20     | 21       |
| 22     | 23   | 24          | Grocery Store 9am<br>Park City 11am                 | 25       | 26     | 27       |
| 28     | 29   | 30          |   |          |        |          |
|        |  |             |   |          |        |          |

September

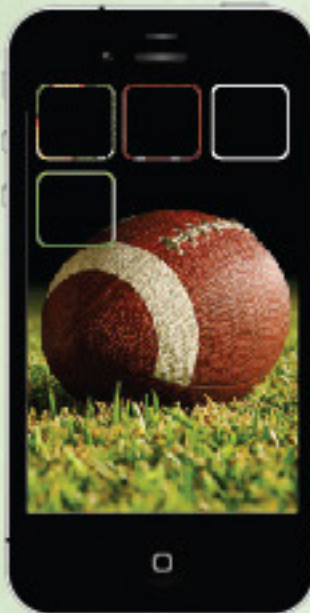


## Tailgating

A FOOTBALL TRADITION

Football season has begun and so have the tailgating parties. You'll want to download these top apps.

- **Grill-It** – the ultimate app for any cook-out experience with new recipes and ideas added weekly.
- **Cornhole and Ultimate Cornhole** – if you can't have the real thing, it's fun to compete online.
- **Stadium Finder** – helping you reach your stadium and then having fun when you get there. Over 1,000 stadiums worldwide are featured.
- **Tailgating Planner** – share your tailgating checklist with friends and family to organize the best party.



See some styling tailgating, delicious recipes and games on our **Hassle Free Newsletter** Pinterest page.



Before Labor Day, manufacturing workers were putting in 60-70 hour work weeks, 6-7 days a week, barely making enough to live. Children as young as five toiled in mills, mines and factories across the country.

Unsafe working conditions, insufficient access to sanitary facilities, breaks and fresh air were hardest on the very poor and immigrants.

We're thankful for those who committed their lives to make working conditions better for all. **Happy Labor Day!**

### SAUSAGE CASSEROLE

1 lb. sausage • 6 eggs • 2 c. milk • 2 c. bread crumbs • 1 tsp. salt  
1 tsp. dry mustard • 1 c. grated cheese • 1 can mushroom soup • 1/4 c. milk

Brown sausage and drain well. Whip eggs, milk, salt and dry mustard. Set aside. Layer bread crumbs, sausage and cheese in 9 X 13 inch dish (lightly sprayed). Pour egg mixture over the layers.

Mix the can of soup with 1/4 cup of milk and spread over the entire mixture.

Bake 45 minutes to 1 hour in a 350 degree oven. Serve hot. Delicious for breakfast or as a main dish for any meal.

If using for breakfast, mix all together the night before, cover tightly and refrigerate.

The next morning cook in heated oven for 45 minutes to 1 hour. This reheats well in microwave.

## FALL IN LOVE WITH THESE

# Fall Days

- SEPTEMBER 3  
LABOR DAY
- SEPTEMBER 5  
INTERNATIONAL DAY OF CHARITY
- SEPTEMBER 8  
INTERNATIONAL LITERACY DAY
- SEPTEMBER 9  
GRANDPARENTS DAY
- SEPTEMBER 11  
PATRIOT DAY – WE WILL NEVER FORGET!
- SEPTEMBER 22  
FALL BEGINS
- SEPTEMBER 29  
FAMILY HEALTH & FITNESS DAY



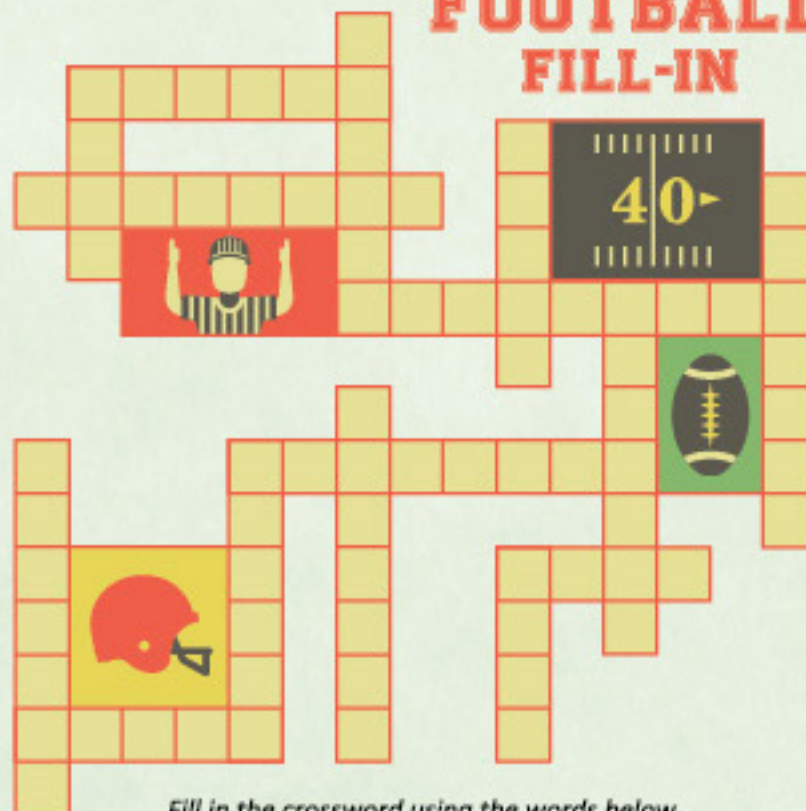
## READING EVERY DAY

In honor of September's International Literacy Day, we encourage you to read. Read to your children, read for fun and read to learn. This year check with your local schools or in your community to find someone you could coach to read.

Stress reduction, mental stimulation, vocabulary expansion and memory improvement are just a few of the great gains of reading. Carve out some daily time to read to enhance these benefits.

Your local library offers great tips on books of interest and books are free to check out. There are other great options online for free ebooks.

## FOOTBALL FILL-IN



Fill in the crossword using the words below.

|                  |                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|------------------|
| <b>4 LETTERS</b> | <b>5 LETTERS</b> | <b>6 LETTERS</b> | <b>7 LETTERS</b> | <b>8 LETTERS</b> |
| FLAG             | BLOCK            | FUMBLE           | DEFENSE          | HALFTIME         |
| PASS             | SCORE            | HELMET           | KICKOFF          | TAILGATE         |
| PUNT             |                  | TACKLE           | OFFENSE          |                  |
|                  |                  |                  | PENALTY          | <b>9 LETTERS</b> |
|                  |                  |                  |                  | TOUCHDOWN        |

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## TAG – YOU'RE IT!

National Family Health & Fitness Day promotes family involvement in physical activity.

This is one of the goals of the U.S. Surgeon General's Report on Physical Activity and Health.

Here are some fun ways for every member of your family to get fit.

- Think of some outdoor games you can play together - Frisbee, volleyball, tag, hopscotch, etc.
- Volunteer – and get sweaty doing it!
- Who doesn't like to dance? Boogie down.
- Be a ninja! Go to the woods and climb over logs, jump rocks, swing on low tree branches.
- Clean together – but make it a game.
- Watching TV? Make every commercial a fitness class.
- International Day of Charity is September 5. Find a worthy cause and sign up for their 5K.



## PATRIOT DAY

A presidential proclamation stated that 9/11 should be observed as Patriot Day and National Day of Service and Remembrance.

It is in honor of all who lost their lives in the attack on September 11.

Let's pause this day to remember, to love and to serve one another.